Department of Reproductive Endocrinology
IBSA Foundation for Scientific Research
Female Healthy Aging

Invitation and Program
Thursday, September 7, 2017
09.00 am–17.00 pm
University Hospital Zurich

University Hospital Zurich
IBSA Foundation for scientific research
Dear colleagues

Menopause is an ongoing hot topic. In the last fifteen years, since the break of the legendary WHI trial, much additional knowledge was generated about demography, prevention, lifestyle measures and therapy.

It is herewith our great pleasure to announce this international conference about FEMALE HEALTHY AGING which covers and summarizes the progress of all the above mentioned topics in the last years. We invite you to participate in this outstanding symposium. Top experts in their respective fields will be present and give you an overview on what you need to know to understand these developments and for your professional life as practitioner.

This conference is jointly organized by the Department of Reproductive Endocrinology and IBSA Foundation for Scientific Research, a non-profit organization which has the aim to better educate patients, physicians and scientists. It is our wish to thank Prof. Martin Birkhäuser at this occasion for his great contribution to the scientific content of the program.

We are very happy to welcome you here at the University Hospital Zurich together with the leaders in menopause and IBSA Foundation for Scientific Research, whose support made this conference possible!

Best regards

Prof. Bruno Imthurn, MD                          Silvia Misiti, MD
Department of Reproductive Endocrinology  IBSA Foundation for Scientific Research
Program

09:15  Welcome of IBSA Foundation for Scientific Research
       Silvia Misiti, IBSA Foundation for Scientific Research, Switzerland

Welcome of Department of Reproductive Endocrinology
       Bruno Imthurn, Zurich, Switzerland

Session 1: Demography / Global Health
Chairman  Bruno Imthurn

09:30  Demographic changes in Europe and in emerging countries –
       When will the age pyramid reverse?
       Giuseppe Benagiano, Rome, Italy

10:00  Infertility and pregnancy in the menopausal transition and beyond:
       clinical and ethical aspects
       Bruno Imthurn, Zurich, Switzerland

10:30  Global health after menopause: which health care model?
       Petra Stute, Bern, Switzerland

11:00  Coffee break

Session 2: Prevention / Impact of Lifestyle
Chairman  Martin Birkhäuser

11:30  Impact of lifestyle versus HRT on different cancers after menopause
       Anne Gompel, Paris, France

12:00  Can we protect the aging brain?
       Pauline Maki, Chicago, USA

12:30  Lunch
14:00  **Role of estrogens for cardiovascular health in women: preclinical data**  
Raghvendra Dubey, Zurich, Switzerland

14:30  **Estrogenic and non-estrogenic measures to maintain cardiovascular health in women: clinical data**  
Hanna Savolainen, Helsinki, Finland

15:00  **Fracture prevention from menarche to menopause**  
Peyman Hadji, Frankfurt and Marburg, Germany

15:30  **Coffee break**

16:00  **Sexual health in aging women**  
Brigitte Leeners, Zurich, Switzerland

**Session 3: Future**
Chairman  Bruno Imthurn

16:30  **Menopausal hormone therapy: Available alternatives and substitutes in development**  
Martin Birkhäuser, Bern, Switzerland

17:00  **Closing remarks**  
Silvia Misiti, IBSA Foundation for Scientific Research, Switzerland  
Bruno Imthurn, Department of Reproductive Endocrinology, Switzerland
Speakers

Giuseppe Benagiano  
Italy, Full Professor of Gynecology and Obstetrics, La Sapienza University Rome

Bruno Imthurn  
Switzerland, Full Professor and Chairman, Department of Reproductive Endocrinology, University Hospital Zurich

Petra Stute  
Switzerland, Professor and Deputy Head of Gynecological Endocrinology and Reproductive Medicine at the Women’s Hospital, University Hospital Bern

Anne Gompel  
France, Professor and Head of Gynecological Endocrinology Unit, Hôpital Port Royal-Cochin, Université Paris Descartes

Pauline Maki  
USA, Professor of Psychiatry and Psychology, Director of Women’s Mental Health Research, Chicago

Raghvendra Dubey  
Switzerland, Professor and Head of basic research, Department of Reproductive Endocrinology, University Hospital Zurich

Hanna Savolainen  
Finland, Associate Professor, Department of Obstetrics and Gynecology, Helsinki University Hospital and University of Helsinki

Peyman Hadji  
Germany, Head of the Department of Bone Oncology, Endocrinology and Reproductive Medicine, Krankenhaus Nordwest, Frankfurt/Main and Professor of Obstetrics, Gynecology and Endocrinology, Philipps-Universität, Marburg

Brigitte Leeners  
Switzerland, Professor and Deputy Head, Department of Reproductive Endocrinology, University Hospital Zurich

Martin Birkhäuser  
Switzerland, Professor Emeritus for Gynecological Endocrinology and Reproductive Medicine, University of Bern
Information

**Venue Symposium**
Thursday, September 7, 2017
09.00 am – 17.00 pm
University Hospital Zurich
Grosser Hörsaal NORD1
Frauenklinikstrasse 10
8091 Zurich

**Scientific Organization/Chairmen**
Bruno Imthurn
University Hospital Zurich, Switzerland
Martin Birkhäuser
University of Bern, Switzerland

**Credits**
SGGG: 6 Credits Kernfortbildung

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**Pre-registration recommended**
Pre-registration will be accepted on first come first served basis,
by August 24th, 2017 and is required at: [www.ibsafoundation.org](http://www.ibsafoundation.org)
The registration is free and includes coffee breaks and lunch.
The working language will be English.

**Public transport**
Tram lines 10 or 6 from Zurich main station, or line 9 from Bellevue.
Tram stop: ETH/Universitätsspital or Haldenbach.